

Effective Effort Rubric

	Fixed Mindset	Mixed Mindset	Growth Mindset
Taking on Challenges	You avoid challenges.	You take on a challenge if you've been successful at something similar.	You look forward to the next challenge.
Learning from Mistakes	You see mistakes as failures. You may hide mistakes.	You are willing to learn from mistakes, but don't know how to move forward.	You reflect on what you learned from the mistake and apply it to trying again.
Accepting Feedback	You feel defeated by criticism and want to quit.	You might feel okay about criticism if you really want the help.	You see criticism as supporting your learning, and you learn from it.
Practicing	You do not use strategies to complete the task, or you do not practice the skill.	You like to practice but only if you feel like you're "good at" it already.	You enjoy the process of getting really good at something. You may set your own practice plans.
Perseverance	You give up at the first sign of struggle.	You persevere but only when you are prompted and supported.	You "stick to it" and keep working confidently until the task is complete.
Asking Questions	You don't ask questions or don't know which questions to ask.	If you think it's too hard for you, you won't ask questions.	You ask questions of the teacher, the task, and yourself.
Taking Risks	You are not engaged in the task. If it's too hard, you turn in incomplete or copied work.	You will take risks if you have done something similar before.	You begin confidently, risk making mistakes, and openly share your work.

My goal for next time: