

1. active site	the part of an enzyme to which the substrate binds	20. interoceptors	specialised sensory nerve receptors that receive and respond to stimuli originating from within the body
2. anabolic	reactions that build complex molecules from simpler ones, requiring energy input	21. lock-and-key model	the view of enzyme functioning based on the idea that an enzyme is rigid and reciprocally shaped to fit a substrate like a key fits a lock
3. brown fat	fat present in many hibernating mammals with the purpose of generating body heat	22. metabolism	the sum of the chemical processes occurring within a living cell or organism
4. catabolic	breaking down complex molecules into simpler ones, releasing energy	23. negative feedback	a self-regulatory biological system where a response counteracts the stimulus, reducing its effect so that a balance is maintained
5. catalysts	substances that speed up reversible chemical reactions	24. nerves	bundles of sensory or motor fibres of neurons which act as messengers, transmitting impulses
6. central nervous system	parts of the nervous system that include the brain and spinal cord	25. receptors	specialised cells or groups of nerve endings that detect sensory stimuli
7. chemoreceptors	sensory cells in an organism that detect chemical stimuli	26. response	any behaviour of a living organism that results from a stimulus
8. cofactor	any non-protein molecule needed by an enzyme for its activity	27. saturation point	the maximum level at which all available enzymes are being used to catalyse a chemical reaction
9. control centre	process controller that detects incoming information and relays outgoing information to regulate functioning	28. sense organs	a group of sensory receptors and associated non-sensory tissue specialised for detecting stimuli in the environment
10. denature	the change of shape of a protein, due to heat or changed pH, causing it to lose its ability to function	29. set point	any one of a number of quantities (such as temperature and pH) which the body tries to keep steady at a particular value during homeostasis
11. ectothermic	an animal that depends on an external source for heat energy	30. stimuli	changes in the environment detected by the sensory organs
12. effector	the organ, gland or muscle that carries out a response when activated by nerve endings as a result of a stimulus	31. substrate	a molecule upon which an enzyme acts
13. endothermic	an animal whose heat is generated through its own metabolic activities	32. substrate-specific	an enzyme that can work on only one particular substrate molecule, because the active site is reciprocally shaped to bind with that molecule
14. enzymes	biological protein catalysts produced by cells, responsible for all chemical reactions in living organisms	33. thermoreceptors	sensory cells or organs that detect heat or cold
15. heat-gain centre	part of the hypothalamus in the brain that triggers responses in the body to generate heat		
16. heat-loss centre	part of the hypothalamus in the brain that triggers responses in the body to cool down		
17. homeostasis	processes which maintain a stable internal environment in an organism, despite fluctuations in the external environment		
18. hypothalamus	part of the brain involved in homeostatic mechanisms such as temperature regulation and water balance in mammals		
19. induced-fit model	the view of enzyme functioning based on the idea that an enzyme is not rigid, but alters shape slightly when it binds with a substrate		