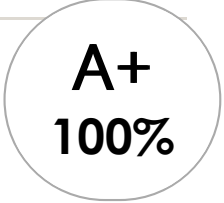


24 Multiple choice questions



A+
100%

1. buildings and spaces that are constructed within communities
 - a. heart disease
 - b. **CORRECT: built environment**
 - c. binge drinking
 - d. empowerment

2. persisting over a long time, such as a long-term disease or illness
 - a. genetics
 - b. chlamydia
 - c. **CORRECT: chronic**
 - d. dynamic

3. things in the environment that can affect health in a positive or negative way
 - a. **CORRECT: environmental factors**
 - b. fluoridated tap water
 - c. genetics
 - d. connectedness

4. the attitude or feelings we have about our body and the way we look or the way we think others see us
 - a. dynamic
 - b. **CORRECT: body image**
 - c. chronic
 - d. equity

5. a common sexually transmitted infection in both males and females; a small proportion of infections can lead to cervical cancer
 - a. built environment
 - b. health-promotion
 - c. health-promoting schools
 - d. **CORRECT: human papillomavirus (HPV)**

6. the sense of belonging or attachment an individual feels towards people and places they are frequently in contact with
 - a. **CORRECT: connectedness**
 - b. genetics
 - c. illicit drugs
 - d. binge drinking

7. workplaces where policies, practices and activities are developed and implemented to improve the health and well-being of all workers
 - a. health-promoting schools
 - b. health literacy
 - c. **CORRECT: health-promoting workplaces**
 - d. health-promotion

8. an awareness in individuals of the choices they have and the decisions they can take in life to protect themselves and promote their health
 - a. body image
 - b. **CORRECT: empowerment**
 - c. dynamic
 - d. chronic

9. drugs that are illegal to use, possess, produce or sell e.g. cannabis, ecstasy and amphetamines
 - a. **CORRECT: illicit drugs**
 - b. connectedness
 - c. genetics
 - d. chlamydia

10. characteristics, features or hereditary diseases that are genetically linked and are passed on within a family
 - a. equity
 - b. **CORRECT: genetics**
 - c. dynamic
 - d. chronic

11. activities aimed at enabling people to increase control over their health and prevent illness
 - a. health determinants
 - b. health-promoting schools
 - c. **CORRECT: health-promotion**
 - d. health literacy

12. the individual, socioeconomic, sociocultural and environmental factors that can have positive or negative influence on the health of individuals or populations
 - a. health literacy
 - b. **CORRECT: health determinants**
 - c. heart disease
 - d. health-promotion

13. a chronic condition affecting the body's ability to take glucose from the bloodstream to use it for energy
 - a. genetics
 - b. connectedness
 - c. empowerment
 - d. **CORRECT: diabetes mellitus**

14. a sexually transmitted bacterial infection that can be passed on through unprotected sex and can cause infertility
 - a. dynamic
 - b. equity
 - c. chronic
 - d. **CORRECT: chlamydia**

15. the ability to understand or interpret health information and use it to promote and maintain good health
 - a. health-promotion
 - b. heart disease
 - c. health determinants
 - d. **CORRECT: health literacy**

16. the controlled addition of fluoride to public drinking water to reduce tooth decay
- alternative medicine
 - heart disease
 - CORRECT: fluoridated tap water**
 - environmental factors
17. the consumption of excessive amounts of alcohol in a short period of time
- CORRECT: binge drinking**
 - chronic
 - heart disease
 - body image
18. disease that affects the heart or blood vessels
- heart disease
 - CORRECT: cardiovascular disease**
 - connectedness
 - chlamydia
19. the term used for diseases of the heart and blood vessels
- chlamydia
 - health literacy
 - CORRECT: heart disease**
 - genetics
20. the constant fluctuations that occur in our level of health
- CORRECT: dynamic**
 - genetics
 - chlamydia
 - chronic
21. schools where all members of the school community work together to support improvements in student health
- health-promoting workplaces
 - CORRECT: health-promoting schools**
 - health-promotion
 - health determinants

22. the most common method of determining whether a person's weight fits into a healthy weight range; weight in kilograms divided by height in metres squared
- a. chlamydia
 - b. dynamic
 - c. body image
 - d. **CORRECT: body mass index (BMI)**
23. the allocation of resources according to the needs of individuals and populations, the goal being to achieve equality of outcomes
- a. dynamic
 - b. genetics
 - c. **CORRECT: equity**
 - d. chronic
24. various methods and practices that are not recognised as being conventional or traditional approaches to medicine
- a. built environment
 - b. **CORRECT: alternative medicine**
 - c. empowerment
 - d. binge drinking